

QT

Indian Experience

For events and press releases email
qatar.editor@qatar-tribune.com or
call (974) 4000 2222

ICC celebrates Ayurveda Day with special Wednesday Fiesta

TRIBUNE NEWS NETWORK
DOHA

THE Indian Cultural Centre (ICC), in collaboration with the Embassy of India in Qatar, celebrated Ayurveda Day with a special Wednesday Fiesta themed "Ayurveda for People & Planet" at ICC Ashoka Hall. The event underscored the significance of Ayurveda as a timeless science of life and highlighted its role in promoting both holistic health and environmental sustainability.

The programme began with a warm welcome by Ravindra Prasad, ICC Head of Affiliation, who greeted the dignitaries,

special guests, and community members.

The chief guest of the evening, Bindu N Nair, Second Secretary (Information, Culture & Education) at the Embassy of India, addressed the gathering and emphasised the enduring value of Ayurveda in contemporary society. She highlighted how Ayurvedic practices, rooted in natural healing and balance, continue to offer sustainable solutions to the modern world's health and wellness challenges.

In his presidential address, AP Manikantan, ICC President, stressed the need to adopt Ayurvedic principles



into daily routines, particularly in the areas of diet, lifestyle, and preventive healthcare. He noted that Ayurveda is not only a pathway to individual wellness but also a philosophy aligned with ecological responsibility and sustainable living.

A special session on the theme "Ayurveda for People & Planet" was conducted by Dr.

Fazeeha Ashkar, who elaborated on Ayurveda's holistic approach to human well-being and its emphasis on harmony between body, mind, and environment. As part of the initiative, medicinal plants were distributed to the attendees, encouraging the community to embrace natural remedies and sustainable health practices.

The event concluded with a vote of thanks delivered by Venkappa Bhagavatula, ICC Head of In-house Activities, who expressed gratitude to the Embassy of India, the guest speakers, community leaders, and volunteers for making the celebration a success.

The occasion was graced by ICC Vice President Shantanu Deshpande, ICC General Secretary Abraham K Joseph, members of the ICC Managing Committee, presidents of associated organisations, and senior leaders of the Indian community. The evening was seamlessly hosted by Manju Manoj, who guided the proceedings with elegance and warmth.

The celebration of Ayurveda Day at ICC not only reflected India's cultural heritage but also resonated with global calls for healthier living and environmental stewardship, making it a meaningful community event in Doha.

Indian community in Qatar joins successful Viksit Bharat Run

TRIBUNE NEWS NETWORK
DOHA

THE Embassy of India in Qatar, in collaboration with MY Bharat under the Ministry of Youth Affairs and Sports, Government of India, successfully organised the Viksit Bharat Run 2025 in Doha on Friday.

The event, held simultaneously across more than 150 international locations, brought together Indians around the globe in a unified celebration of service, fitness, and sustainability.

In Doha, the run witnessed an overwhelming turnout, with around 500 runners, 100 volunteers, and several community organisations participating enthusiastically. Students, professionals, and families from the Indian diaspora took part in the community runs of 1 km, 2 km, and 6 km, transforming the occasion into a powerful collective statement of national pride and social responsibility.

The Viksit Bharat Run formed part of Seva Pakhwada (September 17 – October 2), an initiative aimed at highlighting India's transformative progress in infrastructure, healthcare, technology, education, and sustainability under the leadership of Prime Minister Shri Narendra Modi. By joining the run, the Indian community in Qatar reaffirmed its commitment to the Prime Minister's vision of Viksit Bharat @ 2047—a developed India by the centenary of independence.

Held under the theme "Run to Serve the Nation," the event in Doha was not merely a fitness activity but also a celebration of Seva Bhav (spirit of service). It embodied the ideals of inclusivity, self-reliance, and environmental responsibility, echoing India's Swadeshi ethos.

A highlight of the event was



the collective recitation of the Viksit Bharat and Aatmanirbhar Bharat pledge. Participants committed themselves to con-

tributing to India's journey towards becoming a developed nation by 2047. This symbolic gesture reinforced Qatar's

In Doha, the run witnessed an overwhelming turnout, with around 500 runners, 100 volunteers, and several community organisations participating enthusiastically

connection with the global Indian community, aligning with Prime Minister Modi's vision of growth, innovation, and global leadership.

The Viksit Bharat Run 2025 has emerged as one of India's largest global outreach initiatives, carrying a strong message of unity, resilience, and shared responsibility. In Doha, it also reflected the Indian youth's commitment to strengthening the bonds of friendship between India and Qatar, while working together for mutual progress and shared dreams.

By sowing seeds of hope, service, and sustainability, the run marked not only a milestone in global community engagement but also a reaffirmation of India's cultural and developmental strides.

KSQ and ICC mark Engineers' Day 2025

TRIBUNE NEWS NETWORK
DOHA

KARNATAKA Sangha Qatar (KSQ), in collaboration with the Indian Cultural Centre (ICC), celebrated Engineers' Day 2025 at Ashoka Hall, ICC Doha, commemorating the 164th birth anniversary of legendary engineer and statesman Bharat Ratna Sir M Visvesvaraya. The event combined technical insights, cultural performances, and heartfelt tributes to one of India's greatest visionaries.

The celebration was graced by Sandeep Kumar, Deputy Chief of Mission, Embassy of India, as chief guest, and Ahmed Jassim Al Jolo, president of the Global Federation of Engineers, as guest of honor. The evening began with a traditional lamp-lighting ceremony, followed by a welcome dance by Shrishti Chandhirahasa and a video presentation highlighting Sir M Visvesvaraya's life and contributions.

KSQ President Ravi Shetty paid tribute to the visionary engineer with a Sanskrit shloka emphasising knowledge, humility, and dedication to national service, while acknowledging ICC's collaboration and the efforts of past KSQ teams. Technical sessions featured Palani Gopalan, who spoke on global warming, climate change, and engineering solutions to reduce carbon footprints, and Kishore V, who presented on "Subsea Umbilical and Cables of Qatar Offshore Facilities." Both speakers were felicitated, along with Chandhirahasa for her perfor-

mance.

ICC President AP Manikantan highlighted the critical role engineers play in community development and praised KSQ for consistently organising Engineers' Day with technical programmes. Chief Guest Sandeep Kumar commended Sir M Visvesvaraya's legacy, while Guest of Honor Ahmed Jassim Al Jolo recognised the contributions of Indian engineers to Qatar and the global engineering profession.

Special recognitions included the "Abhiyantarashree" Award presented to Anil Bhasagi for his engineering accomplishments and contributions to Kannada language and culture. Several KSQ medical professionals who had missed previous felicitation ceremonies were also honored, including Ranjan M Mathias, Ramya Girish, Girish Balaraju, Mohammed Mustafa, Mamatha Bharti, and Prema Naveena. The evening also featured cultural presentations, including music and poetry by KSQ engineers, and the unveiling of the flyer for the Karnataka Rajyotsava Silver Jubilee Grand Finale by KSQ Advisor VS Manangi.

The programme was anchored by Kumar Swamy, KSQ General Secretary, and concluded with a vote of thanks by Bhavana Naveen, KSQ Joint Cultural Secretary. With the wholehearted support of volunteers, MC members, and ICC, the Engineers' Day 2025 celebration was both meaningful and memorable, honoring innovation, service, and the enduring legacy of Sir M Visvesvaraya.



Vijayamanthrangal 9th edition given to Radio Malayalam CEO

DR Amanulla Vadakkangara, noted Doha-based journalist and prolific author, presented the 9th part of his widely acclaimed motivational series Vijayamanthrangal to Anvar Hussain, CEO of Radio Malayalam 98.6 FM, at a simple yet graceful ceremony held at the Radio Malayalam studio.



On the occasion, Dr Amanulla expressed his deep gratitude to Radio Malayalam for broadcasting the Vijayamanthrangal Malayalam podcast daily, reaching thousands of listeners across the community. "I am truly thankful to Radio Malayalam for giving this series a platform that touches so many lives. Countless listeners are benefiting from this initiative every day," he said.

Responding to the words of appreciation, Radio Malayalam CEO Anvar Hussain remarked, "Vijayamanthrangal is one of our most prestigious programmes, and we are proud to continue this association. Radio Malayalam remains fully committed to educating, inspiring, and motivating the expatriate community in Qatar. We will leave no stone unturned to further this noble mission."

The ceremony was also attended by prominent community leaders, including Jebi K. John, Managing Director of Qatar Tec, Muhsin Talikkulam, Chairman of Qatar Mappila Academy, and Rafi Parakkatil, the voice artist of the Vijayamanthrangal podcast. Popular RJ Jibin hosted the event with his trademark charm and energy. (TNN)

Cultural performances mark Hindi Diwas celebration

TRIBUNE NEWS NETWORK
DOHA

THE Embassy of India, Doha celebrated 'Hindi Diwas' under the Hindi Pakhwada organised by Amrit Uttar Pradesh Navrang Sanskritik Mandal (AUPNSM), Qatar. This grand event was marked by vibrant cultural performances, literary presentations and enthusiastic participation from the Indian community.

The celebration highlighted the rich heritage and global relevance of Hindi as a language of unity and expression. Participants from AUPNSM, Birla Public School and Loyola International School showcased a series of engaging programs, including group songs, poetry recitations, skits, dances and dramatic performances. The energy and creativity of the participants made the evening both memorable and culturally enriching.



Harish Pandey, First Secretary (Education & Culture) from the Embassy of India, Doha reflected the Embassy's continued encouragement in strengthening Hindi as both a cultural bridge and a language of identity for the Indian community abroad. The programme was also attended by the dignitaries from the Indian Cultural Centre (ICC), Indian Business and Professionals Council (IBPC) and distinguished community leaders. More than 300 members of the

Indian community attended, reflecting the deep cultural connection and pride in the Hindi language.

Celebration commenced with a warm reception of dignitaries, followed by the national anthems of Qatar and India, symbolising unity and respect. The evening unfolded with a structured flow of cultural, literary and artistic performances, which brought alive the beauty and diversity of Hindi. On this special occasion, release of three Hindi literary

works authored by expatriate writers - Shreshth Kavya (Poetry Collection) by Shri Vivek Kumar Tiwari, Nazare Badal Gaye (Poetry Collection) by Dr Baijnath Sharma and Maanas ke Deep (Poetry Collection) by Dr Meenu Parashar. Distinguished international guests Fahd Mohammed Hasan Al Salhi and Waheeda Jalal's address in Hindi language strengthened the global appeal and respect for the Hindi language.

The event served not only as a tribute to the language but also as a reaffirmation of Hindi as a vital link among diverse communities. Nita Mishra, President of AUPNSM thanked and extended gratitude to all participants, volunteers, and specially the organising team of AUPNSM - Abhishek Srivastava, Nikhil Srivastava, Ajay Rai, Arun Verma, Sweta Rai and Ashutosh Mishra for their efforts to the success of the event.